



# Lillian Orlowsky + William Freed Museum School Materials List

## Virtual Watercolor with Lisa Goren

Please bring the following to be prepared for your workshop:

Lisa Goren  
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To start, if you already have watercolor paints/paper, then you can use those - we can make them work. If you don't have any supplies, this is what I'd recommend (I have chosen Blick as a website but you can easily find the same things at around the same prices at [www.jerrysartarama.com](http://www.jerrysartarama.com) or [www.cheapjoes.com](http://www.cheapjoes.com), it's certainly worth checking around):

### PAINT:

You should get artist grade watercolors in either tubes or pans (student grade colors will fade more quickly). I recommend starting with six colors (you can buy small tubes, they do tend to last a long time):

Indigo Blue

Ultramarine Blue

Cadmium Yellow

Lemon Yellow

Cadmium Red

Alizarin Crimson or Permanent Rose

### PAPER:

You should have a fair amount of very inexpensive watercolor paper (so you don't feel bad going through it quickly) and some good paper (140lb). This way you can do a lot of small exercises without wasting the good stuff. Here is a link to a good brand of inexpensive paper: <https://www.dickblick.com/products/canson-xl-watercolor-pads/> (the 9" x 12" at \$6 is a good deal). And here is a link to some good "better" paper (140lb, 100% cotton) <https://www.dickblick.com/products/blick-studio-watercolor-paper-by-fabriano/> but there are lots of other brands – don't worry about that as much as the 140lb, 100% cotton.

It doesn't matter if the paper is cold pressed or hot pressed. Most beginners start with cold press. They do different things but both work well. I wouldn't get smaller than 9 x 12 sheets.

### BRUSHES:

Generally, any brushes you already have work just fine – there are some really good synthetic or mixed natural/synthetic brushes. You need at least one round brush with a good tip. I love this brand of student brush and I highly recommend it: <https://www.dickblick.com/items/06237-1012/>. The Princeton "Snap" series is just great and they have sets as well. <https://www.dickblick.com/products/princeton-snap-series-9650-golden-synthetic-brushes/>

You should have at least one larger and one smaller brush. Even if you tend to paint very small, you'll need something at least as large as a size 12. The brush should feel good in your hand.

### WEIRD STUFF:

Some Saran Wrap or part of a softer plastic bag (for the first class)

Lots of paper towels (for all classes)

3 or 4 sheets of regular computer paper (for the first class)

A piece of fruit that you can cut in half (for the second class)

Please feel free to ask me about ANY of this! Looking forward to the workshop!

### Solvent Notice (where applicable)

Turpentine, regular Turpenoid, regular mineral spirits, Damar Varnish and Spray fixatives (or any aerosol sprays including spray paint) are NOT ALLOWED in PAAM studios.

Approved Solvent: Gamsol

Here's why: Gamsol contains 1/3 the toxicity of turpentine. Gamsol separates liquid from paint particles when left to sit in a jar. As a result, the "clean" fluid can be poured off and used repeatedly, while pigment sediment can be disposed of. Also acceptable is Martin/F. Weber Co. Turpenoid Natural.

Approved Mediums: PAAM recommends Chartpak's Grumbacher Alkyd Painting Medium or Grumbacher Copal Painting Medium; Winsor & Newton's Artisan Painting Medium or Artisan Water Mixable Fast Drying Medium; or one of the natural oil products such as Daniel Smith's Poppyseed Oil.

Gamsol and many of these other products are available for purchase at the Artist-Loft or Conwell Lumber in Provincetown.

### Workshop Location

This workshop will meet at PAAM's studios, at 460 Commercial Street. The PAAM Museum School entrance is along the Bangs Street side of the building and can be reached either from Bangs Street or by taking the 460 Commercial Street museum entrance ramp around to the left. Once inside you may either take the stairs or the elevator to the second floor.

### Parking

Unfortunately, parking is not available at PAAM. Students are encouraged to drop heavy materials off at the School before class, and to allow time to park and walk. If doing so, please pull into a space and leave your blinkers on.

Provincetown is a great walking and biking town. There are two bike racks at the Museum.

Parking on Bradford or Commercial Streets: Street parking can be found within a few blocks radius of PAAM on Bradford and Commercial streets. Please pay close attention to yellow lines, which signify tow zones. Please do not park in Angel Foods parking lot or block driveways on either street as your car will be towed. Street parking is available on many nearby side streets.

Provincetown's Public Parking Lots: Parking Fees are in effect April through October.

Johnson Street Parking Lot: corner of Commercial St. and Johnson St., parking meters.

FarLand Market Parking Lot: corner of Johnson St. and Bradford St. (next to FarLand Market)

MacMillan Wharf Lot: base of MacMillan wharf.

There is also a parking area with meters along Harry Kemp Way, close to Conwell St.

Handicapped Parking: For those people with handicapped placards, there is a space reserved in the PAAM lot on Bangs St and two spaces on Commercial St.

Alternatives to driving:

The FLEX bus:

The FLEX bus runs daily from Harwich down to Provincetown (800)352-7155 capecodtransit.org

Other Parking Alternatives: If you know of parking not listed here, can offer suggestions to resolve parking issues, or have parking questions please speak with Kiah Coble.